



## **ONLINE/SELF-PACED PROFESSIONAL DEVELOPMENT**

### **CDA TRAINING MODULES (120 Hours/12.0 CEUs)**

To be eligible to apply for your first CDA, you need:

120 hours of formal early childhood education training, covering the growth and development of children birth to 5 years, with no fewer than 10 training hours in each of the 8 CDA Subject Areas.

### **CDA Subject Areas**

<b>CDA Subject Area 1:</b> Promoting a Safe and Healthy Learning Environment	(21 Training Hours)
<b>CDA Subject Area 2:</b> Advancement of Children’s Physical and Intellectual Development	(11 Training Hours)
<b>CDA Subject Area 3:</b> The Support of Children’s Social and Emotional Development	(18 Training Hours)
<b>CDA Subject Area 4:</b> Building Stronger Relationships With Families	(13 Training Hours)
<b>CDA Subject Area 5:</b> Program Operation; Effective Management	(14 Training Hours)
<b>CDA Subject Area 6:</b> Commitment to Professionalism	(12 Training Hours)
<b>CDA Subject Area 7:</b> Observation and Recording of Children’s Behavior	(10 Training Hours)
<b>CDA Subject Area 8:</b> Principles of Child Development and Learning	(21 Training Hours)
<b>(Total 120 Training Hours)</b>	
<b>12 CEUs = 120 Clock Hours</b>	

### **Need a CDA Specialist?**

The “Find a CDA Specialist Online Directory” is a database for Candidates to use to locate a CDA PD Specialist in your area to conduct the CDA Verification Visit.

### **For Clark County, Nevada Residents**

Look for Theresa Vadala, Ed.D. on the CDA Specialist Online Directory for a CDA Verification Visit in English or Spanish

**Note:** Always check your states’ requirements before taking any courses.  
For more information visit: <https://www.cdacouncil.org/credentials/apply-for-cda>



[cdaspecialist1@gmail.com](mailto:cdaspecialist1@gmail.com)  
[www.childcaretrainingclasses.org](http://www.childcaretrainingclasses.org)

## Training Module 1: Promoting a Safe and Healthy Learning Environment

Training Title	CEUs	Hours
SA1:A Emergency Preparedness	0.3	3
SA1:B Dispensing Medication in Child Care	0.2	2
SA1:C Transportation in Child Care	0.2	2
SA1:D Premises Safety	0.2	2
SA1:E Fire Safety, Nutrition, and Health	0.2	2
SA1:F Health, Nutrition & Safety: Obesity Awareness (Part 1)	0.2	2
SA1:G Health, Nutrition & Safety: Obesity Awareness (Part 2)	0.2	2
SA1:H Healthy Eating in Child Care	0.2	2
SA1:I Sudden Infant Death Syndrome (SIDS)	0.2	2
SA1:J What you Need to Know About Shaken Baby Syndrome	0.2	2
<b>10 Training Modules - 21 Clock Hours/2.1 CEUs</b>	<b>2.1</b>	<b>21</b>

## Training Module 2: Advancement of Children's Physical and Intellectual Development

Training Title	CEUs	Hours
SA2:A Early Childhood Language Development: Phonological Awareness	0.3	3
SA2:B Understanding Every Child's Potential through Multiple Intelligences	0.2	2
SA2:C Sign Language and Child Care	0.3	3
SA2:D School Readiness: The Transition to Kindergarten	0.3	3
<b>4 Training Modules - 11 Clock Hours/1.1 CEUs</b>	<b>1.1</b>	<b>11</b>

## Training Module 3: The Support of Children's Social and Emotional Development

Training Title	CEUs	Hours
SA3:A What do you do with a Bully?	0.2	2
SA3:B Cultural Diversity in Child Care	0.2	2
SA3:C What to do with Challenging Behavior	0.2	2
SA3:D Anger Management – I Am So Mad!	0.2	2
SA3:E Conflict Resolution	0.3	3
SA3:F Children and Domestic Violence	0.2	2
SA3:G Guidance versus Discipline	0.3	3
SA3:H Classroom Transitions	0.2	2
<b>8 Training Modules - 18 Clock Hours/1.8 CEUs</b>	<b>1.8</b>	<b>18</b>

## Training Module 4: Building Stronger Relationships With Families

Training Title	CEUs	Hours
SA4:A Building a Professional Learning Community	0.2	2
SA4:B Parent Involvement: Positive Communication	0.2	2
SA4:C Building Stronger Relationships: Parental Involvement & Family Engagement	0.3	3
SA4:D Enhancing Communication Skills with Families	0.3	3
SA4:E Child Friendly, Family Friendly, and Eco Friendly Classrooms	0.3	3
<b>5 Training Modules - 13 Clock Hours/1.3 CEUs</b>	<b>1.3</b>	<b>13</b>

## Training Module 5: Program Operation; Effective Management

Training Title	CEUs	Hours
SA5:A Preparing for Accreditation	0.3	3
SA5:B Developing a School Mission and Vision Statement	0.2	2
SA5:C Vision to Action Plan: Supporting the School Improvement Plan	0.3	3
SA5:D Preventing Burnout in Child Care	0.3	3
SA5:E Supervision of Curriculum and Instruction	0.3	3
<b>5 Training Modules - 14 Clock Hours/14 CEUs</b>	<b>1.4</b>	<b>14</b>

## Training Module 6: Commitment to Professionalism

Training Title	CEUs	Hours
SA6:A Why do I Need to get CDA? Preparing for a Child Development Associate	0.3	3
SA6:B Professional Growth Plan: Elements, Goals & Purpose	0.3	3
SA6:C Fundamental Principles of Adult Learning	0.4	4
SA6:D Creating a Professional Portfolio	0.2	2
SA6:E The Empowered Educator	0.3	3
<b>5 Training Modules - 12 Clock Hours/1.2 CEUs</b>	<b>1.2</b>	<b>12</b>

## Training Module 7: Observation and Recording of Children's Behavior

Training Title	CEUs	Hours
SA7:A Observation Plan: What to do with Assessments	0.3	3
SA7:B Child Care Centers and the American Disabilities Act (ADA)	0.3	3
SA7:C Recognizing and Reporting Child Abuse and Neglect	0.2	2
SA7:D Deployment: Coping Strategies for Children	0.2	2
<b>4 Training Modules - 10 Clock Hours/1.0 CEUs</b>	<b>1.0</b>	<b>10</b>



## Training Module 8: Principles of Child Development and Learning

Training Title	CEUs	Hours
SA8:A Child Development: Infant, Toddler, Preschool	0.3	3
SA8:B All About Kids: A Look at Development, Play and Nutrition	0.3	3
SA8:C The Importance of Play	0.3	3
SA8:D Ages and Stages of Development	0.3	3
SA8:E Developmentally Appropriate Practice (DAP)	0.3	3
SA8:F The Happiest Baby in the Center	0.3	3
SA8:G What You Need to Know About Autism	0.3	3
<b>7 Training Modules - 21 Clock Hours/2.1 CEUs</b>	<b>2.1</b>	<b>21</b>