



CDA Training Curriculum Modules consist of 120 Hours in the following CDA subject areas.

CDA Subject Areas	HRS	CEUs
1. Planning a safe and healthy learning environment (HLT.SAF)	13	1.3
2. Advancing children's physical and intellectual development (PHY.INT)	19	1.9
3. Supporting children's social and emotional development (SOC.EM)	12	1.2
4. Building productive relationships with families (FAM)	10	1.0
5. Managing an effective program operation (PROG.OP)	15	1.5
6. Maintaining a commitment to professionalism (PROF)	15	1.5
7. Observing and recording children's behavior (OB.REC)	17	1.7
8. Understanding principles of child development and learning (CHDV)	19	1.9
Total Hours and CEUs	120 HRS	12 CEUs



Module 1

CDA Subject Area 1: Safe and Healthy Learning Environment

Module 1: Safe and Healthy Learning Environment (13 Hours/ 1.3 CEUs) – CDA Setting: All	Hours	CEUs
CDA HLT.SAF 1.A Health, Nutrition, & Safety: Obesity Awareness	2	0.2
CDA HLT.SAF 1.B Recognizing and Reporting Child Abuse & Neglect	2	0.2
CDA HLT.SAF 1.C Social Distancing Strategies in the Classroom	2	0.2
CDA HLT.SAF 1.D Emergency Preparedness and Response Planning from Natural and Man-Made Events	2	0.2
CDA HLT.SAF 1.E Building and Physical Premises Safety including Storage of Bio-Contaminants and Hazardous Materials	2	0.2
CDA HLT.SAF 1.F Healthy Eating in Child Care	2	0.2
CDA HLT.SAF 1.G Transportation Safety in the Child Care Environment	1	0.1
Total Hours and CEUs	13	1.3
	HRS	CEUs



Module 2

CDA Subject Area 2: Children's Physical and Intellectual Development

Module 2: Children's Physical and Intellectual Development (19 Hours/ 1.9 CEUs) – CDA Setting: All	Hours	CEUs
CDA PHY.INT 2.A The Growing Brain: Cognitive and Executive Function	3	0.3
CDA PHY.INT 2.B The Growing Brain: Everyday Play	3	0.3
CDA PHY.INT 2.C Preschool Coding & Robotics	3	0.3
CDA PHY.INT 2.D Child-Friendly, Family Friendly and Eco-Friendly Classrooms	3	0.3
CDA PHY.INT 2.E The Skeletal System: What's inside of you!	3	0.3
CDA PHY.INT 2.F Electricity & Circuits: The Current Runs through it!	1	0.1
CDA PHY.INT 2.G Intentional Extended Activities	1	0.1
CDA PHY.INT 2.H Geometry: It's all about the Shapes!	1	0.1
CDA PHY.INT 2.I Math and Science Activities	1	0.1
Total Hours and CEUs	19 HRS	1.9 CEUs



Module 3

CDA Subject Area 3: Supporting children's social and emotional development

Module 3: Promoting Children's Social and Emotional Development (12 Hours/ 1.2 CEUs) – CDA Setting: All	Hours	CEUs
CDA SOC.EM 3.A The Growing Brain Social-Emotional Development	3	0.3
CDA SOC.EM 3.B Classroom Transition: Effective Strategies	1	0.1
CDA SOC.EM 3.C Teaching Children to Recognize and Understand Their Own Feelings	2	0.2
CDA SOC.EM 3.D Promoting Social Emotional Development	1	0.1
CDA SOC.EM 3.E Coping Skills for Children and Families: Separation Anxiety	2	0.2
CDA SOC.EM 3.F Social Skills: Laying the Foundation for Success	1	0.1
CDA SOC.EM 3.G Self Regulation: Calming Tantrums	2	0.2
Total Hours and CEUs	12	1.2 CEUs



Module 4

CDA Subject Area 4: Building productive relationships with families

Module 4: Safe and Healthy Learning Environment (13 Hours/ 1.3 CEUs) – CDA Setting: All	Hours	CEUs
CDA FAM 4.A Building a Professional Learning Community in Child Care	2	0.2
CDA FAM 4.B Parent Involvement: Positive Communication During Pick up	2	0.2
CDA FAM 4.C Building Stronger Relationships: Parental Involvement and Family Engagement	2	0.2
CDA FAM 4.D Enhancing Communication Skills with Families	2	0.2
CDA FAM 4.E Keeping Families involved in their Child's Learning	2	0.2
Total Hours and CEUs	10	1.0 CEUs



Module 5

CDA Subject Area 5: Managing an effective program operation

Module 5: Effective Program Operation Management (15 Hours/ 1.5 CEUs) – CDA Setting: All	Hours	CEUs
CDA PROG.OP 5.A Adult Behaviors & Classroom Management	2	0.2
CDA PROG.OP 5.B Preventing Burnout in Child Care Providers	2	0.2
CDA PROG.OP 5.C Cultural Diversity in Child Care	2	0.2
CDA PROG.OP 5.D Coping During Uncertain Times in Today's World	2	0.2
CDA PROG.OP 5.E Curriculum: Keeping it all Balanced	1	0.1
CDA PROG.OP 5.F Present the Present: Accepting Change in the 21st Century	1	0.1
CDA PROG.OP 5.G Understanding Every Child's Potential through Multiple Intelligence	2	0.2
CDA PROG.OP 5.H Transfer of Learning : The Application of Skills, Knowledge & Attitudes	1	0.1
CDA PROG.OP 5.I Attributes: Understanding your Own Values	1	0.1
CDA PROG.OP 5.J Setting the Tone for Positive Interactions	1	0.1
Total Hours and CEUs	15	1.5 CEUs



Module 6
CDA Subject Area 6: Maintaining a commitment to professionalism

Module 6: Commitment to Professionalism (15 Hours/ 1.5 CEUs) – CDA Setting: All	Hours	CEUs
CDA PROF 6.A School Readiness: The Transition to Kindergarten	2	0.2
CDA PROF 6.B Course Design: The Basics	3	0.3
CDA PROF 6.C The Fundamental Principles of Adult Learning	3	0.3
CDA PROF 6.D Staying on Target: Competency-based Objectives	2	0.2
CDA PROF 6.E NAEYC Early Childhood Educators: Ethical Conduct	1	0.1
CDA PROF 6.F Multimodal Learning Environments: Engaging Learners	1	0.1
CDA PROF 6.G Instructional Models & Learning: Pyramid Model	1	0.1
CDA PROF 6.H Vision to Action Plan: Supporting the School Improvement Plan	2	0.2
Total Hours and CEUs	15	1.5 CEUs



Module 7

CDA Subject Area 7: Observing and recording children's behavior

Module 7: Observing and Recording Progress and Children's Behavior (17 Hours/ 1.7 CEUs) – CDA Setting: All	Hours	CEUs
CDA OB.REC 7.A The Growing Brain: Understanding Behavior	3	0.3
CDA OB.REC 7.B What to do with Challenging Behavior	3	0.3
CDA OB.REC 7.C Anger Management: I Am So MAD!	3	0.3
CDA OB.REC 7.D Conflict Resolution	3	0.3
CDA OB.REC 7.E Guidance versus Discipline in Child Care	3	0.3
CDA OB.REC 7.F Minimizing Challenging Behaviors in Outdoor Play	1	0.1
CDA OB.REC 7.G Hidden Functions of Problem Behavior: Sensory Seeking and Sensory Avoiding	1	0.1
CDA OB.REC 7.H Observation Plan: What to do with Assessment Results	1	0.1
CDA OB.REC 7.I Roles & Responsibilities for New Teachers	1	0.1
CDA OB.REC 7.J Deployment: Coping Strategies for Children	2	0.2
Total Hours and CEUs	17	1.7 CEUs



**Applying New Knowledge:
Learning & Transfer**

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Module 8

CDA Subject Area 8: Understanding principles of child development and learning

Module 8: Principles of Child Development and Learning (19 Hours/ 1.9 CEUs) – CDA Setting: All	Hours	CEUs
CDA CHDV 8.A The Growing Brain: The Basics	3	0.3
CDA CHDV 8.B The Growing Brain: The Factors Affecting Brain Growth	3	0.3
CDA CHDV 8.C The Growing Brain: Communication and Language Development	3	0.3
CDA CHDV 8.D Everyday Play & STEM: Infants, Toddlers and Preschoolers	2	0.2
CDA CHDV 8.E Early Childhood Language Development: Phonological Awareness	3	0.3
CDA CHDV 8.F Child Development: Infant, Toddler, Preschool	3	0.3
CDA CHDV 8.G The Ages and Stages of Development	2	0.2
Total Hours and CEUs	19	1.9 CEUs